

Summary of Main Changes for 2009

- ❖ **No entries** will be accepted unless accompanied by a valid BG number and because of this performers do not need to register with the National Competition Registration Secretary (NCRS)
- ❖ **Clubs** do need to register with the NCRS once a year in October. You need to keep the contact details up to date.
- ❖ Any **change of club** must be notified to BG and the NCRS **before** entering any competitions or the entry / any qualification gained will be invalid.
- ❖ Where performers are from different clubs **synchro performers** should be entered by their own club with the name and BG number of their partner supplied.
- ❖ **Acceptance of rules** by signature on postal entry and by tick box on online entry
- ❖ All **regional results** will be centrally administered. Regions must send the full Regional results, including BG numbers, to the Scores Coordinator within 7 days.
- ❖ If a region moves the Assessment event from the designated weekend they must inform the Scores Coordinator or the regions results will be void.
- ❖ All **qualifications** and **points**, except National Championships, will be displayed on www.bg-coaches.org/regional-information.php. If you do not agree with the information displayed a club official must contact the scores coordinator tramp.scores@british-gymnastics.org immediately.
- ❖ National BG events no longer require a **photography pass**. For the policy information see the National Competition Structure (NCS). Regions may still chose to use a pass in addition.
- ❖ At Gala Events **coaches need to sign in** with a valid BG number **prior** to any of their performers competing. Failure to sign in and provide a valid BG number will result in ALL the club performers being reduced to guest status
- ❖ All regional competition organisers are reminded that from 1.1.2009 they should to use 20mm thick floor mats around the trampolines inline with national competitions.
- ❖ Gala events will consist of short flights and will **not** use **warm up cards**. The warm up will be a **fixed time** rather than a minimum number of routines.
- ❖ **Difficulty cards** completed and signed and marked as per Appendices 11-13 of NCS and handed to a designated official at the panel prior to the commencement of their warm-up.
- ❖ There will be a **rolling promotion and relegation** system for TRI FIG A to Regional D. There is no promotion from FIG A or relegation from Regional D.
- ❖ **Promotion points** will only be credited to a performer who has completed the 10 elements in both of the two preliminary routines.
- ❖ Unless you are either in a group which is currently competing or a coach of that competitor you should not be on the competition floor at a Gala Competition.
- ❖ Progression and relegation at **DMT** ~ there are some changes to **National C** please see Section 7 of the NCS.
- ❖ TRI and DMT no relegation points for groups of less than 12.
- ❖ **GMPD A** will be included in the **National Championships** and qualifications for Nationals will be by ranking points, see Section 6 of NCS.
- ❖ Qualification for **National Championships** is by finishing in the top **40%** of a TRI qualifying event, 50% of a DMT qualifying event, and remaining at that Level at the end of the season. The TRI percentage will be reviewed after the 4th Gala
- ❖ A performer may opt to compete at Nationals at the level lower than where they finish the season. They will start the following season at the lower Level on zero points.
- ❖ If a **selected official** fails to turn up and the club can not provide a suitable replacement the club will be reduced to guest status.
- ❖ If a club enters more than 4 performers in a group and the team is incorrect in the programme the club must nominate the **team** in writing to chair of panel before the start of the group. The chair should also be informed, in writing, if a team is withdrawn.
- ❖ In order to take account of the **different sizes** of the competitive groups there are different percentages for promotion and relegation at different Levels.
- ❖ When an **Under 15 moves** to Over 15 they must gain at least one promotional point at O15 before they can trial at the higher Level.
- ❖ Anyone who **did not jump** in 2008 and last competed at Grade3 or above must contact the Scores Coordinator to confirm the re-entry Level. Anyone who did not jump in 2008 and last competed at Grade4 or below must either re-enter at RG or contact their regional comps if they feel they have the record to compete at RE or RF. Failure to do this will result in any achievements being rendered void.

Please note, this is a summary of changes to last years rules, for a complete set of rules, see the 2009 Trampoline Handbook available to download from the www.bg-coaches.org website.

Appendix 1
Club Registration Oct 2008 to Oct 2009

Club Name BG Number

Region

Club Secretary

Name

Address

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Post Code

Email

Phone number

Mobile number

Competitions Contact (if different)

Name

Address

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Post Code

Email

Phone number

Mobile number

Please make sure that any email addresses and phone numbers are correct and updated if necessary. Your club and performers may miss out on information and competitions if we do not have a correct contact.

Please send to tramp.affiliations@british-gymnastics.org